SPECIAL MEASUREMENTS BLANK FOR SPECIAL MEASUREMENT / ORTHOPEDIC BOOTS AND SHOES

1.	REO	UISI	TION	NO.

	PRIVACY AC	CT STATEN	MENT				
<u>AUTHORITY:</u>	10 USC 125, 5 USC 301, 302, EO 9397.						
PRINCIPAL PURPOSE(S):	Special measurement and othopedic footwear is provided to the Military Services for personnel who cannot be properly fitted through authorized standard sizes. The purposit form is to assure that personnel requiring these types of footwear are properly measured for correct fit.						
	None.						
ROUTINE USES:	Voluntary; however, if information is not supplied, the servi	ce cannot be p	erformed.				
DISCLOSURE:							
	GENERAL II	NSTRUCTIO	ONS				
Special measurement footwear properly with tariff issue footwear	r will be requisition only if the individual cannot be fitted within the regular or supplemental tariff size range.	defori	ned, or distorted foo	quired to show the me t, the individual will be r osition instructions. In	eported to Med	dical Regulatin	g Officer, Office of The
satisfactory fit by orthopedic or oth authorized to make, special measur	clothing issue size can be modified or altered to proved a ner adjustment which local Clothing and Equipage Repair Shops a ement footwear will not be requisitioned.	5. All All re assur requis	quired measuremen e that the othopedic ition for the supply	ctions must be studied of ts are to be taken acc footwear will fit prope of additional pairs of nich was supplied previo	curately by Me rly. This blank special measu	edical Officer a need not acco prement footw	accomplishing form to impany a replenishment
measurement shoes will be forwa Street, Boston, MA 02210; com 955-3018; if the feet of an individu fully described by the completion of measurement shoes, up to author determined to be satisfactory, an	ment blank and a requisition for one (1) pair of special arded to the Defense Othorpedic Footwear Clinic, 495 Summer mercial telephone (617) 451-3141, AV 955-3141, Telefax not all who requires special measurement footwear can be clearly a of this blank without the use of a plaster cast. Additional specifized allowances, will be requisitioned after initial pair has been do a DOFC Form -10, "Fitting Report," has been completed a er Defense Logistics Agency Regulation 4235.18.	er o. ind cial en en d cover an inc	e name, grade, SSN ng special measurer ividual can be fitted	and organization of the nent requisition and on some properly with a shoe of on the covering special in	ne individual sl subsequent repl Military Clothi	hown below s enishment req ing Sales issue	uisitions. If one foot of
2. PERSON TO BE FITTED							
a. NAME (Last, First, Middle Initial)			b. SOCIAL SECUR	ITY NO.	c. RAI	NK/GRADE	
d. ORGANIZATION	e. INSTALLATION			f. HEIGHT	g. WE	IGHT	h. AGE
MEDICAL OFFICER. I certify that size ranges and the supply of s	t this individual cannot be properly fitted with boots or pecial measurement footwear as indicated herein is re	shoes withi	n the regular or s	upplemental tariff			
a. SIGNATURE	b. ORGANIZATION			c. GRADE		d. DATE ()	YYMMDD)
e. MEDICAL OFFICER'S DIAGNOSIS						_	
f. IF THE DISABILITY DESCRIBED A	BOVE IS NOT PERMANENT, INDICATE ITS PROBABLE DURA	ATION (years)					

METHOD OF OB NOTE: 1. Pencil held perp 2. Flat book to bac	pendicularly. ck up heel.	ING				MEDIAL S	IDE			METH	OD OF MEASURIN (See instruc	IG DEFORMITY tions below)	HEIGHT
3. Toes must be fl obtain full ler	Plattened out to ngth.												
													Distance of top of deformity off floor
						WAIST				LEFT F	OOT	RIGHT I	
				BALL		WAIST	INSTEP			LLITT		KIGITT	
	FIGURE 1					FIGURE	2			1ST	5TH FIGU	RE 3 1ST	5TH
4. MEASUREMENTS a. LEFT FOOT			oes and stand	ding just below eye level.) Inches	(Leave Dianis)	b. RIGHT FOOT	Inches	(Leave Dlank)	Ī		Inches	(Lagua Plank)
(1) Ball	Inches	(Leave Blank)	(4) Circum floor	ference from	inches	(Leave Blank) (1) Ball	D. RIGHT FOOT	IIICIES	(Leave Blank)	(4) Circumference floor	from	IIICIES	(Leave Blank)
(2) Waist		Ank	e - 5"			(2) Waist			Ankle - 5"				
(3) Instep			- 9"			(3) Instep			Calf - 9"				
5. ORTHOPEDIC COR	a. LEFT FOOT	SIRED		1			TYPE			1	b. RIGH	IT FOOT	
	a. LEFTFOOT			(1) Metatarsal bar			TIPE				D. KIGF	11 1001	
			(2) Inside (medial) heel wedge (specify thickness)										
				(3) Outside (lateral)	heel wedge <i>(spe</i>	ecify thickness)							
				(4) Cookie <i>(an upw</i>	ard flange of in	nsole under longitu	udinal arch)						
				(5) Heel lift (specif	y thickness)								
				(6) Cork build-up insid	de shoe <i>(specify</i>	thickness at heel	and ball)						
				(a) Heel									
				(b) Ball									
				(7) Long inside count	er								

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(8) Long outside counter					
(9) Orthopedic (Thomas) heel					
(10) Sponge plastic insole					
(11) Other corrections:					
FURTHER INSTRUCTIONS	S TO MEDICAL OFFICER				
The instructions on this form must be carefully followed by the referring medical officer. BALL, WAIST, and INSTEP MEASUREMENTS are to be taken as follows: A Patient stands with weight evenly distributed on both feet, at eye level. Tracing is made on this form as indicated in figure 1.	perpendicular distance off the floor is measured by sighting the top of the prominence onto a perpendicularly held rule. This measurement assures adequate room for toes or painful prominence. (See Figure 3 above.)				
above.	d. When there are painful areas on the sole of the foot, as calluses, plantar warts, painful scars, exostoses or bursae, these may be exactly decompressed on the shoe insole if the area on the skin of the sole is marked with ink, chalk, etc., so that when the tracing				
b. Tape measurements of the foot are now obtained, always facing the calibrations on the tape toward the ankle and always wrapping the tape evenly and snugly but not tightly.	made the exact location is indicated on the tracing.				
	e. If there are areas on the sides or back of the heel which would be decompressed; the location of these areas should be describe relation to the tips of the malleoli, as "decompress side of heel, area 1" in diameter, ½" beneath tip of medial malleolus.				
(1) BALL MEASUREMENT. The fabric tape is passed beneath the ball of the foot, passing over the medial surface of the metatarsophalangeal joint, great toe, and the lateral aspect of the metatarsophalangeal joint fifth toe.	f. Points on the dorsum of the foot may be decompressed by indicating on the diagram in figure 2 above.				
(2) WAIST MEASUREMENT. This is taken behind or proximal to the ball, where the foot narrows down and the tape wraps easily into the medial concavity.					
(3) INSTEP MEASUREMENT. Should be taken just proximal to the midtarsal joint, and the distal to the cuboid bone or straight					
through the talus.	2. When Boots, Service, Combat, or other high-top boots are requisitioned, the calf and ankle measurements of each leg will be shown as and 9" off the floor.				
PLACE REAR END OF LEFT HEEL AGAINST A BOOK, AS INDICATED, AND TRACE LEFT FOOT	PLACE REAR END OF RIGHT HEEL AGAINST A BOOK, AS INDICATED, AND TRACE RIGHT FOOT				
(Front edge of book held perpendicu	larly should coincide with this line)				
LEFT HEEL	RIGHT HEEL				
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a. BOOT, SERVICE, COMBAT, BLACK	g. SAFETY TOE	
b. BOOT, COMBAT, WOMEN'S, BLACK	h. ELECTRICAL HAZARD	
c. SHOE, SERVICE, BLACK	i. OTHER (List nomenclature or describe type)	
d. SHOE, FIELD, WOMEN'S, BLACK		
e. SHOE, LOW QUARTER, BLACK		
f. SHOE, WOMEN'S LOW		
(1) Black (2) White		
PRESCRIPTION (Leave blank for Footwear A	alyst)	

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